



maintain .IT  
repair .IT  
train .IT

# NEWS

## Secure.IT

To receive **FREE** alerts from the Ringmaster Community Messaging service about criminal activity in our area, we continue to urge Oakley residents to visit [www.saferbeds.org](http://www.saferbeds.org) (the Safer Beds Community Website) then click on **Join Now..** Please remain vigilant over the festive period as the number of burglaries always increases during holiday periods.

## Back.IT Up

**Oakley.IT has the PERFECT solution for your backups.** Your chosen files or folders are copied silently and securely to the internet for **FREE!!** For **only £35**, we will set it all up for you and show you how it works quietly **“behind the scenes”**. This gives you total protection against fire, theft and IT failure. **Backing up is totally FREE** unless you need over 2GB of space (you will need a broadband connection). Apart from the initial visit, we will give you up to 30 minutes of phone support free of charge, **so call us on 07401 250118** [www.OakleyIT.co.uk/backitup](http://www.OakleyIT.co.uk/backitup)

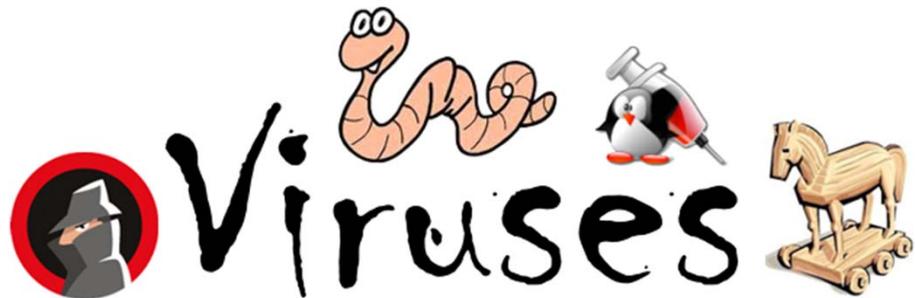
## Improved Computer Maintenance Plans

With invaluable input from customers, we have introduced two new services to replace our “MOTs” – offering customers greater choice:

- Our **EXPRESS SERVICE** lasts around 60 minutes and costs only £35. A selection from 15 “housekeeping” tasks are carried out (as required) which if done regularly (eg 6 monthly) will keep your computers running optimally.
- Our **FULL SERVICE** typically lasts between 2-3 hours and costs £55. After an Express Service is carried out, a selection from 20 longer tasks is carried out (as required), aimed at improving stability and performance.

Customers agree that both plans offer exceptional value for money!

For full details or to book a service, call: 07401 250 118 or email [help@oakleyit.co.uk](mailto:help@oakleyit.co.uk)



Spyware | Worms | Adware | Trojans!

### Viruses Part 2 : How to defend against viruses

In our last issue, we introduced what “malware” was (stands for Malicious Software). In this issue, we’re going to outline some key basic steps in protecting yourself against common forms of malware. **Turn to the back page to read more...**

**BARRY SHREAD SAYS :** Nearly 4 hours' work at silly price (£55) restored my 6 year old computer to pristine working order; if anything, it works better now. Plus Lots of good advice on working practice. Already booked my next service - stupid not to really.

# Planning on a new PC/Laptop?



## Do you understand:

- All the jargon and technical bits?
- Internet security (viruses / child protection)?
- How to set it up (broadband, printers etc)?

Let Jan help you through the maze of selecting the right computer for you and installing the software securely. Avoid the frustration of buying the wrong thing and potentially wasting **hundreds of ££££'s**. Call Jan first and he can advise you on the best solution for you and best value for money. **Call Jan on: 07401 250 118 or email: help@OakleyIT.co.uk**

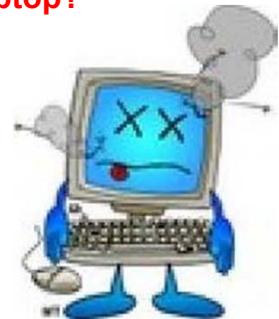
**SARA GLENNIE SAYS :** If you are about to throw your pc out of the window - STOP and call Jan instead! Friendly, no nonsense help is just a phone call away, and Jan will stick with it till the problem is resolved, and doesn't make you feel stupid in the meantime!  
Thanks Jan, fab aftercare as always, highly recommend to all.

## Maintain.IT / Repair.IT (www.OakleyIT.co.uk/repair)

Don't throw your money away! **Do you really need to buy a new PC/Laptop?**

### Is your current computer:

- Running too slowly?
- Faulty and could be fixed?
- Unable to play your favourite games?



**Oakley.IT's principal, Jan Rymarz, is on hand to help with a wide range of services, including:**

- Scanning for and removing viruses
- Speed up computers
- Free up disk space by decluttering
- Remove computer programs that are not needed
- Updating Windows - Microsoft releases frequent updates
- Install / update computer software
- Stop crashes and errors
- Broadband installation and fault finding
- Internet security / child protection
- Data recovery from mistakenly deleted or hard drive damage data
- Carry out repairs and upgrades
- Fitting replacement parts (i.e. screens & keyboards for laptops etc)
- **And much more, call Jan on 07401 250 118**

- No call out fees
- Friendly service and advice
- EXPRESS SERVICE only £35
- FULL SERVICE only £55
- Full CLEAR explanations
- Work completed ASAP
- Value for money\*



\*Hourly rate normally £35

# Advertise.IT

At Oakley.IT we offer you the chance to connect with the local community.

At our extremely competitive rate, we welcome people / companies with something special to offer our community.

Advertisers can be accessed via [www.OakleyIT.co.uk](http://www.OakleyIT.co.uk)

6 months  
ONLY  
£50



**DeLever**

[www.delever.com](http://www.delever.com)

Training & resources  
for surveyors



**Oakley.IT**

Recycles YOUR cartridges  
and toners through



Full details at [www.oakleyit.co.uk](http://www.oakleyit.co.uk)

Want this space?

Get in touch

[www.oakleyit.co.uk/sponsor](http://www.oakleyit.co.uk/sponsor)



**recycleit**  
in association with Cartridge World

**Thanks to everyone for your used or unwanted printer cartridges and toners.**

It's fabulous that so many of you recycle your old toners and ink cartridges. With printers in constant demand, paper and ink use is very high (especially if you have young children) - increasing the positive impact of recycling. **Oakley.IT** can recycle your cartridges and toners (through Cartridge World) so please let us have any empty or unwanted ink or toner cartridges – we'll ensure that they're properly recycled. See [www.OakleyIT.co.uk/recycle](http://www.OakleyIT.co.uk/recycle)

## Train.IT ([www.OakleyIT.co.uk/training](http://www.OakleyIT.co.uk/training))

Oakley.IT's principal, Jan Rymarz, offers friendly one to one training.

**A small selection of training recently provided by Jan:**

- Introduction to buying and selling on eBay
- How to use your computer properly
- How to use email and attachments i.e. photographs, documents etc
- How to browse the internet effectively
- How to keep your PC running efficiently
- How to set up external hardware i.e. printers, WiFi etc
- Using Microsoft Office software etc

\* Training fee £35 (1<sup>st</sup> hour) then special offer £25 (subsequent hours)

Anything not in the list above? Call Jan on 07401 250 118

Training  
£35/hr \*



Copyright 2003 Randy Glasbergen. [www.glasbergen.com](http://www.glasbergen.com)

**CLAIRE FAY SAYS :** Jan serviced our home PC. He took time to identify any existing problems and then spent his time cleaning and tidying our PC. It is now working better than ever. Already booked him in for a 6 month check. Thanks Jan.

At Oakley.IT we offer you the opportunity to sell computer related items...



Dell Vostro PC



£150

Dell 19" CRT  
Screen



£50

4x HP IIP & IIP  
Toner cartridges  
For HP 1200



£10 each  
£30 for all 4

Sell YOUR  
IT Kit  
HERE



## Viruses (continued from front page)

There are many risks associated with the internet (some of which were listed in Issue 3). No single method protects you from all potential threats so as a starting point, you should install a good antivirus program and remember to stay vigilant – particularly when browsing websites and opening emails with attachments.



You should aim for an antivirus program which also protects against spyware and includes a feature called a “firewall”. Some free antivirus programs include these, but paid-for counterparts normally offer additional features (eg Online Backups, Parental Protection etc.). Microsoft offers a good free option called **Microsoft Security Essentials**.

If you already use an antivirus program but it doesn't offer antispyware, install an antispyware program such as the free **Windows Defender** available from Microsoft (for Windows XP or newer).

After you install the antivirus program, don't rely only on its automatic scanning. Scanning manually (ie scans which you initiate yourself) often catches infections missed by automatic scanning.

Also, ensure that your computer's **automatic updating is enabled**, so that Windows' security vulnerabilities are eliminated as soon as possible, and always exercise caution when clicking on links within emails or on website pages - including social networking sites.

There has been a massive increase in fake antivirus programs recently, lying about infections which don't exist. If you are suddenly alerted to the presence of viruses or other problems on your computer, by any program **other than your own antivirus program**, switch off your computer as soon as possible without agreeing to **any** scans or system checks, then restart your computer and immediately scan your computer with your antivirus program.

**We hope this summary about malware has been interesting and informative. If you would like any more information about anything you've read, or you think you may have been infected, please email us on [help@oakleyit.co.uk](mailto:help@oakleyit.co.uk) or phone 07401 250 118.**

**PAULINE HOARE SAYS :** I am just so pleased I picked up a copy of the OakleyIT News in the village Post office. My laptop (having had a full service from Jan and more memory added) is working just great. Jan is just a great guy - I cannot recommend him highly enough. I am just so pleased to have met him, he is one of the nicest people I have ever met. Thank you so much Jan.